

**ERAS Recommendation for Acetaminophen**

* **Note:** Tylenol, also known as acetaminophen, comes in two strengths. Extra strength comes in 500 mg tablets while regular strength comes in 325 mg tablets.

**ONE DAY BEFORE SURGERY**

* 2-3 pm take two (2) extra strength acetaminophen tablets (1000 mg total) with 8 ounces of water

OR

* Take three (3) regular strength acetaminophen tablets (975 mg total) with 8 ounces of water

**Bedtime (night before procedure)**

* Take two (2) extra strength acetaminophen tablets (1000 mg total) with 8 ounces of water

OR

* Take three (3) regular strength acetaminophen tablets (975 mg total) with 8 ounces of water

**Morning of Surgery**

* Prior to check in take two (2) Extra strength acetaminophen tablets (1000 mg total) with a **Sip** of water

OR

* Take three (3) regular strength acetaminophen tablets (975 mg total) with a **Sip** of water

**Important**

* **Do not take any other Tylenol products! Examples are: No oxycodone, Norco, Percocet, Vicodin, Actifed, Excedrin. Mucinex etc. (please check all labels prior to taking any other medications)**
* **Do not take if you have a Tylenol Allergy**
* **Do not take if you have pre-existing liver disease**